

UKRAINIAN HISTORY AND  
EDUCATION CENTER

# LIALKA MOTANKA WORKSHOP

CRAFTS FOR KIDS @ UHEC

SUNDAY, FEBRUARY 21, 2021



**Ukrainian History & Education Center**

135 Davidson Avenue

Somerset, NJ 08873

[info@ukrhec.org](mailto:info@ukrhec.org)

732-356-0132

[www.ukrhec.org](http://www.ukrhec.org)

UHEC folk art programming is made possible by funds from the Somerset County Cultural & Heritage Commission, a partner of the New Jersey State Council on the Arts.



## **Lialka Motanka Workshop**

In English, *lialka motanka* means “wrapped/reeled doll” (*lialka*=doll / *motaty*=to wrap or reel). This ancient Ukrainian doll was traditionally made by women and girls. It is made by wrapping together leftover scraps of fabrics and was never sewn or pierced. They could be decorated as simply or ornately as desired. The doll was not only a toy, but also a symbol of wisdom, a protectress of the family, a symbol of Mother Earth. Dolls were usually passed on from one generation to another, and so also symbolized a connection between generations.

Because a *lialka motanka* is not supposed to represent an identifiable person, it normally doesn't have a face (with eyes, mouth, nose, etc.). If you wish, you can make a cross-shaped design in place of a face. The cross symbolizes harmony of the spiritual (vertical) and earthly (horizontal) aspects of life.

Have any scraps of fabric at home? Make a *lialka motanka* for a friend or family member! Remember to think of well wishes or intentions when making the *lialka* so that those good thoughts get passed on to the recipient.

In this workshop, young artists will learn how to wrap their own *lialka motanka*.

## **Crafts for Kids with the UHEC**

Sunday afternoon workshops will provide a hands-on opportunity for kids to learn about Ukrainian art, culture and history based on objects found in the UHEC Museum Collection. Participants will go home with a craft at the end of the workshop. Suitable for grade school aged children.

## Lialka Motanka Fabric Kits

Available for purchase from the UHEC.

Please include \$5 donation to cover shipping costs

### Supply List for Workshop

1. Fabric for inside of head or batting (approx. size 12 x 7 in.)
2. White/Cream Fabric for Head & Body (approx. size 14 x 14 in.)
3. White/Cream Fabric for Arms (approx. size 10 x 4 in.)
4. Colorful Skirt Fabric (approx. size 6 x 7 in.)
5. Colorful Apron Fabric (approx. size 4.5 x 2.5 in.)
6. Ribbon to attach the Apron (approx. size 9-10 inches)
7. Colorful Headscarf Fabric (approx. size 12 x 12 in.)
8. Thread to secure head, arms, body (natural color)
9. Thread to decorate head (any color)
10. Scissors
11. *Optional:* Yarn for hair, small flowers for hair, beads for necklace

